



Pain Patient Pathway Recommendations

Brussels Workshop, 22-23 October

The workshop aimed at disseminating the results of the questionnaires sent to national Ministries of Health, patients associations and health professionals from different European countries. These were meant to highlight 5 patients rights and their importance across European countries.

The workshop involved 45 representatives of patients' associations, health professionals and representatives of national ministries of health.

The discussions were based on the results of the questionnaire and on identifying the main challenges, actors and solutions needed for ensuring that these 5 rights are respected.

With a final result of 11 recommendations, these were further condensed according to topic and will be released in a final form in the beginning of January.



Results of questionnaire and workshop

QUICK FIGURES

18 European countries

37 patients organisations

54 health professionals

10 Ministries of Health

Questionnaire results

The questionnaires reveal how the 5 fundamental patients rights are respected in the participating 18 countries: at an institutional level, organizations level and professional level. The results show that the right to avoid unnecessary suffering and pain is:

-not respected at an institutional level (with a score of 34 out of 100),

-not respected at an organization level (with a score of 44 out of 100),

-partly respected at professional level (with a score of 65 out of 100)

Workshop results

During the first day of the workshop, participants were split into 2 groups, each dealing with 2 patients rights, and identified the actors, challenges and solutions for being able to respect these.

The results were condensed into 13 recommendations and openly discussed in plenary during the second day of the workshop.

They were further condensed into 4 main actions needed:

- prioritize
- raise awareness
- educate
- stimulate research

